

## Free School Meals

**UNIVERSAL INFANT FREE SCHOOL MEALS** - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

**FREE SCHOOL MEALS - Low Income - Are you missing out?**  
To check if you are entitled to Free School meal entitlement ask at your school office.

## Order meals online

Why not order lunch online?

<https://www.culinera.co.uk>  
or scan the QR code



1. Register your child/children
2. Choose your meals
3. This works for everyone

Please note if you are unable to take a booked meal, please ensure this is cancelled before 8am or with the school office as the meal will otherwise be charged.

## About Culinera

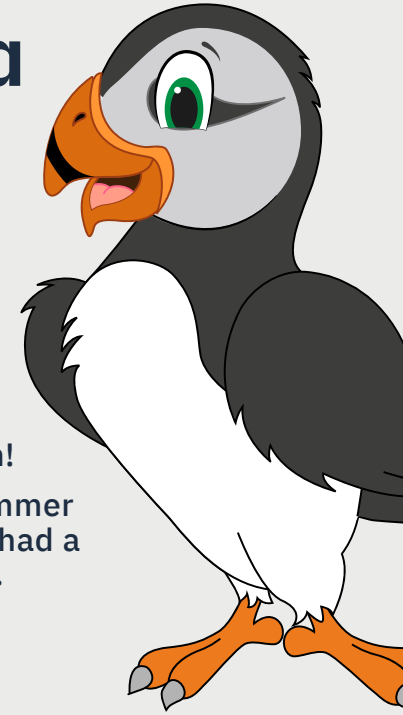
Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

## Our food

All of our meals are freshly prepared within the school kitchen. Our menus are nutritionally analysed to ensure they meet and, in most cases, exceed standards. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

**culinera**  
feeding the future

# Summer 2024



Here comes the sun!

Welcome to the summer term. We hope you had a lovely Easter break.

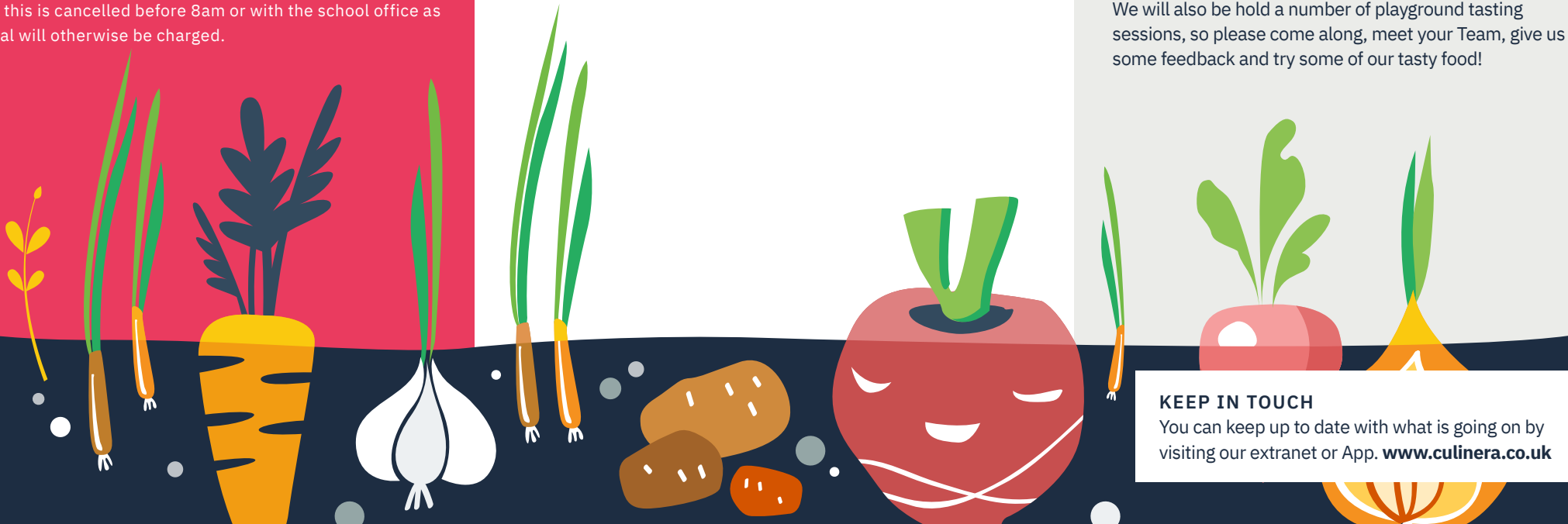
## Coming up!

This term we are looking forward to celebrating Super Hero Day, Harry Potter, BBQ plus several other exciting theme days so keep a look out for these.

We will also be hold a number of playground tasting sessions, so please come along, meet your Team, give us some feedback and try some of our tasty food!

## KEEP IN TOUCH

You can keep up to date with what is going on by visiting our extranet or App. [www.culinera.co.uk](http://www.culinera.co.uk)



# Summer menu 2024

**Available everyday:** Deli box/offer, filled jacket potatoes, home baked bread, fresh salad bar, jelly, yogurt and fresh fruit.

Week	Day	Mains	Sides	Puddings
15/4, 6/5, 3/6, 24/6, 15/7		<b>Meat</b>	<b>Vegetarian</b>	
<b>Week 1</b>	<b>Meat Free Monday</b>	Mac and Cheese	Vegetable sausage roll 	Sweetcorn and green beans Culinera shortbread 
	<b>Tuesday</b>	Cheese and tomato pizza	Sweet pepper pizza 	Wedges and salad Chocolate sponge cake with chocolate custard
	<b>Wednesday</b>	Turkey with stuffing	Cheesy potato filo pie	Roast potatoes and mixed seasonal vegetables Carrot cake 
	<b>Thursday</b>	Sweet chilli chicken	Vegetable stir fry 	Vegetable rice and broccoli Ice cream
	<b>Friday</b>	Baked fish fingers 	Quorn sausage 	Chips, baked beans and peas Oat apple cookie 
22/4, 13/5, 10/6, 1/7, 22/7		<b>Meat</b>	<b>Vegetarian</b>	
<b>Week 2</b>	<b>Meat Free Monday</b>	Cheese and tomato panini with potato wedges	Mixed bean chilli with fluffy rice 	Broccoli and corn Fruit shortbread 
	<b>Tuesday</b>	Beef lasagne with garlic bread 	Vegetarian lasagne with garlic bread 	Carrots and green beans Apple flapjack 
	<b>Wednesday</b>	Roast gammon with Yorkshire pudding	Vegetable and tomato tart 	Roast potatoes and seasonal mixed vegetables Vanilla sponge
	<b>Thursday</b>	Beef burger	Quorn hotdog 	Wedges and mixed salad Chocolate rice krispie cake
	<b>Friday</b>	Baked fish finger 	Vegan nuggets 	Chips, peas and baked beans Oaty biscuit 
29/4, 20/5, 17/6, 8/7		<b>Meat</b>	<b>Vegetarian</b>	
<b>Week 3</b>	<b>Meat Free Monday</b>	Tomato and basil pasta 	Pesto pasta	Herb baked bread, peas and corn Flapjack 
	<b>Tuesday</b>	Cheese and tomato pizza wrap	Roasted pepper pizza wrap 	Baked wedges and salad Lemon drizzle cake
	<b>Wednesday</b>	Sausage and mash	Quorn sausage and mash 	Carrots and cauliflower Apple crumble 
	<b>Thursday</b>	Spaghetti bolognese 	Vegetable and lentil bolognese 	Green beans and broccoli Iced sponge with sprinkles
	<b>Friday</b>	Chicken nuggets	Quorn nuggets 	Chips, baked beans and peas Chocolate cookie

- Key**
-  Vegan
  -  Oily Fish
  -  Added Plant Power

### ALLERGY INFORMATION

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site for information. **Forms are available through our website or via the school.**